



March 5, 2007

**For Immediate Release**  
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**“Maya Talk” Focuses in on Women’s Health & Wellness**  
**Special Showing**  
**Sunday, March 18<sup>th</sup> @ Noon on NBC 25**

“*Maya Talk*” will be focusing in on Women’s Health & Wellness on its March 18<sup>th</sup> program. Barb Brower, renowned reflexologist, will be joining us from Lansing, MI. to kick off our discussion. Ms. Brower is currently operating on a grant from NIH (National Institute of Health) studying the effect of Reflexology on breast cancer patients. Joining her will be Frederick’s Anne-Lynn Gross, founder of the Ann-Lynn Gross Breast Cancer Center at Frederick Community College. Frederick Memorial Hospital’s Mary Sheehy, a board certified nurse practitioner and Reiki Master will round out our discussion.

Join us Sunday March 18<sup>th</sup> for a candid discussion on women’s health issues, alternative treatments and where to go for more information.

Hagerstown, Maryland --- “*Maya Talk*” a weekly TV talk show airing every Sunday on NBC 25 at 12:30 pm. “*Maya Talk*” in it’s second season is recorded in the Frederick Cultural Arts Center on West Patrick Street. This partnership also allows for the increased publicity of the various local groups making use of this great venue. Other downtown support of “*Maya Talk*” includes “Beans & Bagels” on East Patrick Street, providing the crew breakfast for every shoot, “En Masse,” on North Market Street, providing the floral arrangements for the set and “The Temple, A Paul Mitchell Partner School, donates their time doing the hair and make-up for the show. Ashley Furniture donated the furniture and artwork, Peterson’s Carpet & Flooring donated the flooring for the stage, and Ingall’s Lumber and Supply out of Middletown, provided the wood for the set construction. It truly takes a community to run a show!!!!

“*Maya Talk*” features a number of regular segments to include:

The Sports Guys – Bob Nielobowski (baby boomer) vs. 12 Year Old (yes, you read it right, he’s only 12!) Sports Authority, David Allen – Watch weekly for a different perspective on today’s sports....

The Environment & You – Juan Boston, President, BS Environmental, appears regularly to relay important consumer oriented information that helps save you money, while protecting the environment.

“Hey Girl, So You Want to Ride a Harley?” – More and more women are becoming motorcycle riders, and many others are interested, but don’t know how to go about it, or what is involved. Harley-Davidson of Frederick, over the next 5 weeks is going to take the mystery out of being a new rider, especially as it pertains to women!

“Tax Time” – Beginning March 11<sup>th</sup>, Financial & Tax Expert, Gregory Barford will end each show with important tax information geared to help viewers prepare their taxes and suggest ways to make your refunds work for you!

*For further information regarding “Maya Talk,” please contact Maya A. Coiner, Maya Talk, LLC, 301.748.7652 (cell). [www.mayatalk.com](http://www.mayatalk.com)*

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